FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 | |
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|-------------|------|-------|--|

| Check this box if no longer subject | S |
|-------------------------------------|---|
| to Section 16. Form 4 or Form 5 | |
| obligations may continue. See | |
| Instruction 1(b). | |

TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* TREACE JAMES T | | | | <u> </u> | 2. Issuer Name and Ticker or Trading Symbol TREACE MEDICAL CONCEPTS, INC. [TMCI] | | | | | | | | | | | all app | o of Reportir licable) tor er (give title | ng Pe | erson(s) to Is 10% O Other (| wner |
|--|--|--|-----------------------------------|--|--|------------|---------------------|--|---|---|--|-----|--|--|------------------------------------|--|--|-------|------------------------------------|---|
| | | st) (N NICAL CONCER COAD, SUITE 1 | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022 | | | | | | | | | | | below | | | below) | Specify |
| (Street) PONTE VEDRA FL 32081 | | | | _ 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | 6. Indiv Line) X | , | | | | | |
| (City) | (Sta | ate) (Z | Zip) | | | | | | | | | | | | | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | |
| I | | | 2. Transact Date (Month/Day | | Executio (ear) if any | | on Date, T | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar | | | | nd 5) Securi Benefi | | ities Foicially (Displaying In | | m: Direct or irect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | | | | | ode | v | Amou | unt | (A) or (D) | Price | | Transa | Transaction(s) (Instr. 3 and 4) | | 4, | (3 4) |
| Common Stock | | | 05/25/2 | 022 | 22 | | | | S ⁽¹⁾ | | 30, | 313 | D | \$15.3506 ⁽²⁾ | | 1,356,128 | | | D | |
| Common | Stock | | 05/26/2 | 022 | | | | | S ⁽¹⁾ | | 19, | 687 | D | \$15.77 | \$15.7736 ⁽³⁾ 1,336,441 | | | | D | |
| Common Stock | | | | | | | | | | | | | | | | 556,183 | | | By spouse | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | nversion Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) | | 5. Num of Deriv. Secun Acqui (A) or Dispo of (D) (Instr. and 5 | ative rities ired osed | Exp (Mo | oiration onth/Da | n Date Amay/Year) Sec Und Der Sec 3 ar | | Amo Secu Unde Deriv Secu 3 and | 7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) Amount or Numbe of Title Shares | | rice of ivative curity tr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | y | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |

Explanation of Responses:

- 1. Transactions made pursuant to a 10b5-1 trading plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$15.06 to \$15.71 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$15.33 to \$16.015 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

/s/ Jaime A. Frias as Attorney-05/27/2022 in-fact for James T. Treace

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.