SEC Form 4 FORM 4	UNIT	ED STAT		ES A		EXCHA	NGE	сомм	ISSION		
	_			nington,							3235-0287
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	Pursuant to Section 16 or Section 30(h) of th	(a) of th	ne Sec	curities Excha	nge Act	of 1934		MB Number: stimated average brous per response:			
1. Name and Address of Reporting Per <u>TIMBIE THOMAS E</u>	rson*		2. Issuer Name and <u>TREACE ME</u> TMCI	Ticker o	r Trad	ing Symbol		C. [5. F	Relationship of Rep eck all applicable) X Director	• • • • •	o Issuer Owner
(Last) (First) C/O TREACE MEDICAL CON 100 PALMETTO PARK PLACE		,	3. Date of Earliest Tr 11/18/2022	ansactio	on (Mc	onth/Day/Year)		Officer (give t below)	title Othe belo	er (specify w)
(Street) PONTE FL VEDRA	3208	1	4. If Amendment, Da	te of Ori	iginal I	Filed (Month/I	Day/Year	Line	X Form filed by	Froup Filing (Chec One Reporting Pr More than One R	erson
(City) (State)	(Zip)										
Table I - 1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Ye	ar) (Month/Day/Year)	3. Transaction Code (Instr.		4. Securities Disposed Of	Acquire	d (A) or	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock		11/18/202:	2	S ⁽¹⁾		37,605	D	\$22.659 ⁽²	2) 1,361,464	Ι	Thomas E. Timbie and Pamela F. Timbie, TTEEs of the Thomas E. Timbie Rev Trust u/a dtd May 2, 2001
Common Stock		11/18/202:	2	S ⁽¹⁾		2,101	D	\$23.455 ⁽³	ⁱ⁾ 1,359,363	Ι	Thomas E. Timbie and Pamela F. Timbie, TTEEs of the Thomas E. Timbie Rev Trust u/a dtd May 2, 2001
Common Stock		11/21/2022	2	S ⁽¹⁾		224	D	\$22.084 ⁽⁴	¹⁾ 1,359,139	I	Thomas E. Timbie and Pamela F. Timbie, TTEEs of the Thomas E. Timbie Rev Trust u/a dtd May 2, 2001

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of	Acquire (D) (Inst	d (A) or r. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock	11/22/2022		S ⁽¹⁾		10,070	D	\$22.105 ⁽⁵⁾	1,349,069	I	Thomas E. Timbie and Pamela F. Timbie, TTEEs of the Thomas E. Timbie Rev Trust u/a dtd May 2, 2001	
Common Stock								2,295(6)	D		
Common Stock								385,000	Ι	Pamela Timbie and Thomas Timbie as Trustees of the PAMELA F TIMBIE REV TRUST	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.

2. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$22.250 to \$23.230 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

3. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$23.250 to \$23.610 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

4. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$22.010 to \$22.180 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

5. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$22.020 to \$22.640 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

6. Represents restricted stock units ("RSUs") for which the Reporting Person is entitled to receive one (1) share of issuer's Common Stock for each RSU upon vesting. The RSUs will be 100% vested on May 17, 2023 subject to Reporting Person's providing continued service to Issuer through the vesting date.

Remarks:

/s/ Lisa Taylor as Attorney-in-11/22/2022

fact for Thomas Timbie

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.