# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  TIMBIE THOMAS E			TH	2. Issuer Name and Ticker or Trading Symbol TREACE MEDICAL CONCEPTS, INC. [TMCI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner  Officer (give title Other (specify						
l		st) ( DICAL CONCE ARK PLACE	Middle) PTS, INC.		3. Date of Earliest Transaction (Month/Day/Year) 02/15/2023												
(Street) PONTE VEDRA	ONTE FL 32081			4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(Sta	ate) (	Zip)														
		Table	I - Non-Deriva	ative	Secur	ities A	cquir	ed, C	isposed o	of, or	Benefi	ciall	y Own	ed			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Y	- 1	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)					d 5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	ction(s)	(111541.4)		(5 4)
Common	Stock		02/15/202	223			S <sup>(1)</sup>		50,000	D	\$21.70	07(2)	1,19	99,069	I		Thomas E. Timbie and Pamela F. Timbie, ITES of the Thomas E. Timbie Rev Trust u/a dtd May 2, 2001 Pamela
Common	Stock		02/16/202	23			G	v	8,300	D	\$0.0	00	361	1,700	1		Timbie and Thomas Timbie as Trustees of the PAMELA F TIMBIE REV TRUST
Common	Stock												2,2	295(3)	D		
		Та	ble II - Derivat										Owne	d			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)		(e.g., pt 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Tran	ansaction of ode (Instr. Derivativ		er 6. Date Ex Expiration (Month/Da		ercisable and	7. Tit Amo Secu Unde Deriv	tle and unt of urities erlying vative urity (Insti	8. De Se (In	Price of erivative ecurity estr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Over State of State	vnership orm: rect (D) Indirect (Instr. 4	Beneficial Ownership tt (Instr. 4)	
Evnlanation	n of Respons	res.		Code	e V	(A) (D	Dat Exe	e ercisab	Expiration le Date	n Title	Amount or Number of Shares	er					

# Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$21.4800 to \$22.1380 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote
- 3. Represents restricted stock units ("RSUs") for which the Reporting Person is entitled to receive one (1) share of issuer's Common Stock for each RSU upon vesting. The RSUs will be 100% vested on May 17, 2023 subject to Reporting Person's providing continued service to Issuer through the vesting date.

### Remarks:

/s/ Lisa Taylor as Attorney-in-02/17/2027 fact for Thomas Timbie

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.