FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	2. Issuer Name and Ticker or Trading Symbol TREACE MEDICAL CONCEPTS, INC. [TMCI]										5. Relationship of Reportin Check all applicable) X Director Officer (give title		ng Person(s) to Issu 10% Own Other (sp		wner					
(Last) (First) (Middle) C/O TREACE MEDICAL CONCEPTS, INC. 100 PALMETTO PARK PLACE					3. Date of Earliest Transaction (Month/Day/Year) 01/30/2023											below	<i>(</i>)		below)	. ,
(Street) PONTE VEDRA	ONTE FL 32081			1	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Indiv Line) X	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				on
(City) (State) (Zip)						has Consultation Associated Dispersed of an Demotive II-10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution (ar)				3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			i 5)	5. Amo Securi Benefi Owned Report	ties For cially (D) d Following Ind		n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								_	Code	v	Ar	nount	(A) or (D)			Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(111041. 4)
Common	01/30/202	3				S ⁽¹⁾		(51,528	D	\$22.92	237(2)	1,188,472 ⁽³⁾			D				
Common Stock 01/3				01/30/202	3				S ⁽¹⁾		2	27,422	D	\$23.8714 ⁽⁴⁾		1,161,050 ⁽³⁾			D	
Common Stock 01/3				01/30/202	3			S				2,039	D	D \$24.5		1,159,011(3)			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if ar	Deemed cution Date, ny inth/Day/Year)		ransaction code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		oiration	n Da	ercisable and Date y/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		rice of ivative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, G	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	te ercisab	ole	Expiration Date	Title	Amoun or Numbe of Shares	r					

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$22.4000 to \$23.3950 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. Includes 2,295 RSUs
- 4. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$23.4100 to \$24.4000 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 5. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$24.4150 to \$25.1300 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote

Remarks:

/s/ Lisa Taylor as Attorney-infact for Richard Mott

01/30/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.