Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001183554
Filer CCC XXXXXXXX
Is this a LIVE or TEST Filing? © LIVE © TEST

Submission Contact Information

Name Phone

E-Mail Address

Address of Issuer

144: Issuer Information

Name of Issuer Treace Medical Concepts, Inc.

SEC File Number 001-40355

203 Fort Wade Road

Suite 150 Ponte Vedra

FLORIDA 32081

Phone 1-904-373-5940

Name of Person for Whose Account the Securities are To Be Sold F. Barry Bays

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Other: Board Member

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Securities
Common	Goldman Sachs & Co. LLC 200 West Street New York NY 10282	40000	1019600	61274328	04/26/2023	NASD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	Person from	this	Donor	Securities	Payment	Payment *

	Transaction	Whom Acquired	a Acquired Gift?	Acquired	
Common	Acquired from 05/01/2017 issuer in private transaction	Issuer		40000	05/01/2017 Compensation

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Amount of

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Securities Sold	Gross Proceeds
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/13/2023	9400	226525.02
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/14/2023	9400	218061.33
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/28/2023	9400	234374.9
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/28/2023	16841	420959.31
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/29/2023	11265	283625.64
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	03/29/2023	21192	535170
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	04/11/2023	20665	543730.66
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	04/11/2023	29125	767162.75
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	04/12/2023	18134	472868.34
F. Barry Bays Revocable Trust 203 Fort Wade Road Suite 150 Ponte Vedra FL 32081	Common	04/12/2023	18236	475411.27

144: Remarks and Signature

The sales of shares set forth herein are made in connection with a selling plan dated 3/8/2022 Remarks that is intended to comply with Rule 10b5-1 (c). 40,000 shares to be sold by F. Barry Bays

Revocable Trust U/A 11/11/14.

Date of Notice 04/26/2023

Date of Plan Adoption or

Giving of Instruction, If Relying 03/08/2022

on Rule 10b5-1

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Goldman Sachs & Co. LLC on behalf of F. Barry Bays

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)