FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Owens (Last) C/O TRE 100 PAL	nd Address of Daniel E (Fi EACE MED METTO PA	- TN 3. [11/	Issuer Name and Ticker or Trading Symbol TREACE MEDICAL CONCEPTS, INC. [TMCI] Once of Earliest Transaction (Month/Day/Year) 11/15/2022 If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below) Chief Human Resources Officer 6. Individual or Joint/Group Filing (Check Applicable Line)								
PONTE VEDRA FL 32081														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	tate)	(Zip)																
		Tab	le I - N	Non-Deri	vative	e Sec	uriti	ies A	cquire	d, D	isposed o	of, or B	enefici	ally	Owned	t			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye					Execution Date,		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Beneficia		es ially Following	Form	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price		Transac	saction(s) r. 3 and 4)			
Common Stock 11/15/202					022	22			M ⁽¹⁾		6,250	A	\$7.02	028 1		,950(2)		D	
Common Stock 11/15/202				022	22			S ⁽¹⁾		6,250	D	\$20.379).3794(3)),700(2)		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (8)				6. Date Expira (Month	tion D			of es ing ve Security	De Se (In	Price of rivative curity str. 5)	derivative Securities	ly Owner Form: Direct or Ind (I) (Ins	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amoun or Numbe of Shares						
Stock Option Right to	\$7.028	11/15/2022			M			6,250	(4	1)	02/02/2031	Commo Stock	n 6,250		\$0.00	186,375	5	D	

Explanation of Responses:

- 1. The option exercise and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. Includes 6,700 RSUs.
- 3. The price reported in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$20.3432 to \$20.4338 inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 4. The stock option vests in equal annual installments over 4 years, commencing on February 2, 2022, with the last installment on February 2, 2025.

Remarks:

<u>Lisa Taylor as Attorney-in-fact</u> <u>for Dan Owens</u> ** Signature of Reporting Person

11/17/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.